



Positive Change Consulting

Improving Performance Through People

Newsletter 1/2007

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Teleseminar:
How to Give
Feedback

New Year Resolutions

Did you set a New Year Resolution - just 10 days ago? And are you holding to it? When you make a resolutions, what you are really doing is setting a goal. The trouble is New Year Resolutions are seldom like those tangible goals that you set at work, for instance getting a report done by the end of the week or achieving certain sales targets. And we do achieve those. Usually though we make New Year Resolutions or goals that require us to change the way we do things, to change habits - habits that have been built up over years. And we don't achieve the goal. This year it's not too late to succeed. [Read more](#)

Making small positive changes

One of our New Year Resolutions is to make a serious commitment to minimising our footprints on the planet. Hardly a novel or altruistic goal given the circumstances and probably well overdue. But habits won't be changed by beating ourselves up. The challenge is to find out exactly what we can do to make a difference.

Already though, as is the nature of the universe, the moment it was made, we began seeing opportunities and hearing ideas from others. Saving water is an obvious challenge and it's been interesting to see how fast we've changed old habits. Admittedly that's one we've been practising for some time (Oh, the misery of short, sharp showers) but then our gardener added his showering secret - standing with his feet in two buckets thus capturing vast amounts of water as it runs off his body. There's potential for an OH&S situation here though, so be careful.

[Greenfleet](#) - is the first new one we committed to.

We'll alert you to others that appeal as we come across them and welcome any input from readers - which we'll gratefully acknowledge. Have you heard of [Greenfleet](#)? It's a non-profit organisation that, for a small investment, will plant 17 native trees on your behalf to absorb the greenhouse gases that your car produces in one year, based on 4.3 tonnes of CO₂ for the average car. Since

Carnegie Services Pty Ltd T/A
Positive Change Consulting

ABN 96 095 506 924



Jennifer McCoy
Director & Principal
Consultant

Tony Austin
Director
Administration Manager

[We'd love to hear your
feedback.](#)

1997 it has planted over 2 mill. trees - but we hadn't heard of it until recently, so felt bound to pass on the information.

How to Give Feedback Constructively - Teleseminar

In November Jennifer was interviewed in a teleseminar by Kerrie Mullins Gunst of the Leadership Skill Center, speaking on "How to Give Feedback Constructively - even when someone's done something wrong". Some key questions we covered included:

- Why is it worth giving feedback?
- What's the secret to confronting difficult situations before they explode?
- How to avoid excuses when you are giving feedback.

Participants from all over the world took part and their responses were really positive. That teleseminar is now available for purchase. [To read more](#)

Australia Day Treasure Hunt

"I have been given the opportunity of including my business associates in the great 'AUSTRALIAN DAY TREASURE HUNT'....read on and see how you can win some extraordinary prizes!

The **'AUSTRALIAN DAY TREASURE HUNT'** brings over \$145,000 in prizes that you can receive! It is easy – it is **FREE** and it is fun!

All you have to do is **visit four web sites, collect the clues and submit them**. Prizes range from a superb piece of hand crafted jewellery; to a Ceremony of your choice; to a full 6 session coaching course; etc. etc. Everyone will win a prize!

The **'AUSTRALIAN DAY TREASURE HUNT'** commences on January 15th and concludes on January 31st.

You start the Treasure Hunt by visiting www.hbba.biz on **15th January** and clicking on the banner. "

Why are you on this list?

You could be any of the following: a client we've swapped business cards with, a member a networking group that we are part of.

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Positive Change Consulting

PO Box 543, Carnegie
Victoria, Australia 3163

- T . 61 3 9563 4028

- **F. 61 3 9569 6168**

- M. 0425 726 340

E. admin@positivechange.com.au

W. www.positivechange.com.au

The purpose of this Newsletter

Positive Change Consulting shows people how to build great leadership, manage change, improve teamwork for business productivity – and restore balance to your life.

In this newsletter we aim to alert you to the latest research into leadership, report people-related workplace news, suggest ways for encouraging staff involvement to improve your business and alert you to the things we are doing and the services we can offer you.

We welcome contributions

Please contact us if you would like to contribute to this newsletter. Just email or phone to share any experiences. Email [here](#)