

# Positive Change Consulting

*Improving Performance Through People*

Newsletter 4/2008

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## Dealing With Change

Everybody these days talks about the pace of change, how to keep up, how to manage their time, how to find time for themselves and their families. Me too! Coping with change is one of the main challenges raised whenever leaders discuss training workshops for their staff or sit down to start explore their own goals in a coaching situation. We can't turn back the clock but I find it helps to get things in perspective, to focus instead on how exciting the changes are - however mind-blowing they seem. For this reason I love the video clip **Shift Happens** (see below) and recommend a look if you haven't seen it already.

## Shift Happens

If you're wondering what's happening around you and trying to keep pace with change it's worth seeing this **online video clip**. Read the statistics, hear the soundtrack and you'll soon put life in perspective. The whole world is changing – fast! Did you know that China will soon become the number one English speaking country in the world? Did you know that the top 10 in-demand jobs in 2010 didn't exist in 2004. Or that teachers are currently preparing students for jobs that don't exist now, to use technology that hasn't been invented, to solve problems we don't even know are problems yet. Who ever would take on that job? Fascinating and humbling.

Click [here](#)

## Changes at work - 10 Trends

You might also be interested in the predictions of Theodore Modis, a physicist cited by the Center for Creative Leadership in its research whitepaper, [10 Trends](#)

## Change

[nds](#). Modis once predicted that we will face the equivalent of all the milestones of the 20 th century – world wars, creation of the automobile, sequencing of DNA, rise of the internet, etc, - in a single week of the year **2025**. Fantasy or not, workplaces are changing - fast. **10 Trends Click**

[Here](#)

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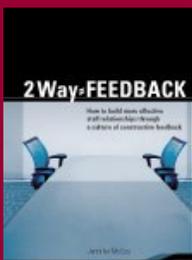
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## Coaching at Work

Whenever I talk with business owners or managers I hear them raising concerns that could so easily be solved by using simple coaching skills. Coaching at work is, essentially, about communication - listening to people, asking questions to clarify what they are saying, putting your point of view calmly and finding common ground to move forward with clear expectations. If you're a manager needing to ensure that a staff member changes their way of behaving for the good of the business, coaching provides a framework, even possible words to say, to find a solution that not only avoids arousing resentment but can even develop their confidence.

- **Coaching Skills for Workplace Leaders** is about to be accredited as part of the Front Line Management set of units. Download brochure [here](#).
- **Coaching Skills for Educational Leaders** Download brochure [here](#).

## Why are you on this list?

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## Work/Life Balance

**Feeling Great For No Particular Reason** - a reminder about this CD we recommend - produced by Leanne Watson of **Your Successful Mind**. [Click here to listen](#) to a short sample of the audio and then **purchase** your own copy for download.

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## The purpose of this Newsletter

Positive Change Consulting shows people how to build great leadership, manage change, improve teamwork for business productivity – and restore balance to your life.

In this newsletter we aim to alert you to the latest research into leadership, report people-related workplace news, suggest ways for encouraging staff involvement to improve your business and alert you to the things we are doing and the services we can offer you.

## We welcome contributions

Please contact us if you would like to contribute to this newsletter. Just email or phone to share any experiences. Email [here](#)

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